WEECHI-IT-TE-WIN FAMILY SERVICES

FAMILY HEALING PROGRAM



PROGRAM INFORMATION PACKAGE

Location: 71 McTavish Rd., Devlin, Ontario

Address: P.O. BOX 812, Fort Frances, Ontario, P9A 3N1

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Treatment Specialist - Aftercare	**Katie Mowe**	**katie.mowe@weechi.ca**

Welcome to the Weechi-it-te-win Family Services Family Healing Program. We deliver high quality services for families that are seeking support to address unresolved trauma and other issues that have impacted their family system in a negative manner.

Our service will provide families with healthy coping skills, wellness strategies, and psycho-educational programming. We strive to give families the "tools" that will help families work through problems in a safe, trauma-informed manner. Our program is located in a therapeutic setting surrounding by the natural scenery of Northwestern, Ontario.

Weechi-it-te-win's Family Healing Program is a 15-Day Outpatient Program rooted in Anishinaabe culture, ceremony and land-based teachings. The program is designed to support families prior to admission (pre-intake), during the 15-day program, and post-discharge/after-care. This 3 phase approach supports a service delivery continuum in which community service providers and Family Healing Program staff work together for a period of 6 months

MISSION STATEMENT

"We believe in the traditional Anishinaabe concepts of family and as such, we work together to help families heal and attain "mino bimaadiziwin" (a good life)."

OPERATING PHILOSOPHY AND BELIEFS

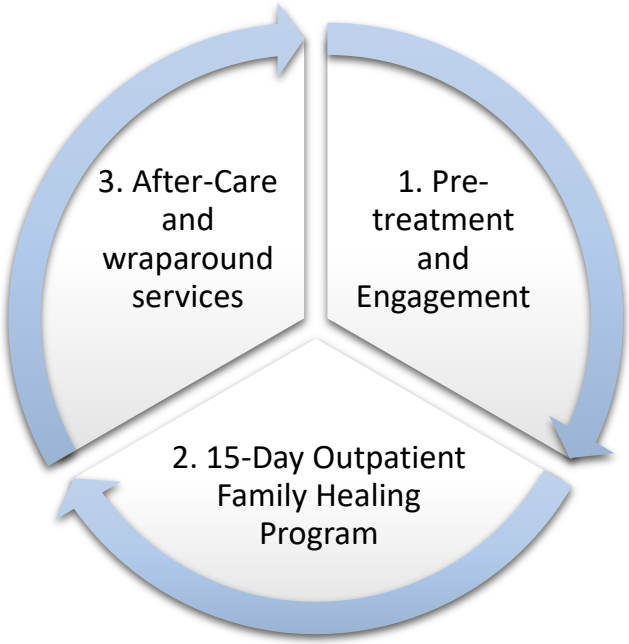
The overall philosophy of the Weechi-it-te-win Family Services Family Healing Program is reflected in the belief, among the Anishinaabe, that a child is a gift from the Creator and with this comes sacred responsibilities. Alongside this core belief, the Family Healing Program will provide services to families where they will develop the necessary skills to enhance relationships within the family system.

The Weechi-it-te-win Family Healing Program understands that the Creator has entrusted the Anishinaabe people with the responsibility of sustaining original Anishinaabe systems. Accordingly, the Weechi-it-te-win Family Healing Program will promote the involvement of customary life-ways, including traditional practices, which are vital to the healing and recovery process. Healing is viewed from a wholistic perspective, focusing not only on symptoms such as addiction; but also on the physical, emotional, mental, social, and spiritual dimensions of the family system.

The Weechi-it-te-win Family Healing Program emphasizes a team approach in providing assessment, planning, treatment, and aftercare. The emphasis on teamwork is based on the simple premise that program staff, family members and other service providers must work together for family healing.

PROGRAM DESCRIPTION

The Weechi-it-te-win Family Services Family Healing Program follows a continuum of care that begins with pre-treatment and ends with aftercare. Each referral will move through this process accordingly. 1. Pre-treatment Orientation, Client and Community Engagement; 2) 15-Day Outpatient Program; service planning, clinical group therapy, cultural therapy; 3) Home or community based After-care, wraparound with other service providers.



WHO IS ELIGIBLE?

- ✓ Families must be voluntarily wanting to attend the program, and willing to participate in <u>all</u> elements of the Family Healing Program.
- ✓ Families experiencing interpersonal issues.
- ✓ Families suffering from trauma related issues.
- ✓ Families with stabilized health, mental health, and addiction related challenges.
- ✓ Families with children in care with a child welfare agency in the process of reunification.
- ✓ Families at risk of separation and/or out of home placement of children.
- ✓ Members that have been stabilized on harm reduction medications are eligible for this service.

WHO IS <u>NOT</u> ELIGIBLE?

- ✓ Family members who are actively misusing and/or abusing alcohol or drugs.
- ✓ Family members that are high risk for violence.

- ✓ Family members that present with high or significant risk to themselves and require stabilization
- ✓ Family members that have a history of sexual offence(s)
- ✓ Family members that have a recent history of fire-setting, behavior, or arson
- ✓ Family members that are manifesting psychiatric concerns and would be better treated in a psychiatric/mental health program

REFERRAL PROCESS

STEP 1: Fill out **Brief Referral Screening Form**. This can be located on the www.weechi.ca website, or it can be faxed or emailed to you.

STEP 2: If you have completed the Referral and are deemed eligible by the Treatment Team, a pre-treatment orientation meeting will be held for information sharing purposes about the program, and answer questions.

STEP 3: The referral source and client/s will complete and submit the **Referral Package** to the program.

STEP 4: Once all referral information is complete, you will be given an **Admission Date** by the Intake Coordinator.

STEP 5: On the day of Admission you will be required to meet with the Treatment Team and engage in group therapy, individual counselling, and cultural programming.

TRANSPORTATION

The Weechi-it-te-win Family Healing Program does not provide transportation to and from the Program. Transportation and the costs associated are the responsibility of the family and/or referral source. It is the responsibility of the family or referring agent to arrange transportation. The Family Healing Program provides a small gas stipend to offset travel expenses. This is provided directly to families for use of their own vehicle or if they have secured rides to and from the program.

CLIENT RIGHTS AND RESPONSIBILITIES

Each Program Participant has the right:

1. To be treated with dignity and respect.
2. To practice my cultural or religious beliefs as I choose.
3. To express my thoughts and feelings in a respectful manner.
4. To be an active participant in all aspects of goal setting and service provision.
5. To expect that all staff working with me are trained and qualified.

6. To participate in a safe, clean and healthy environment.
7. To receive First Aid attention when necessary.
8. To know that my file and information will be kept strictly confidential and securely stored.
9. To refuse service; to the extent that it does not interfere with other rules and expectations.
10. To expect that services will be conducted in the safest way possible and that any safety issues will be brought to my attention.
11. To bring my concerns to the Manager if I feel that services are not adequate.
12. To have my concerns heard and documented, which includes a follow up response and/or determination.

All Program Participants ages twelve (12) and over have the responsibility to:

1. Respect the rights and property of other participants.
2. Participate in goal setting and service planning.
3. Participate in all aspects of the program to the best of their abilities.
4. Remain alcohol free while participating in the program.
5. To refrain from violence, aggressive, abusive (physical or verbal) or destructive behavior toward myself, others, or property.
6. To be honest and put forth my best effort in all aspects of the Program.
7. To be respectful of my fellow participants and staff.
8. To be respectful and contribute to the cleanliness of the building and grounds.
9. To complete a daily chore.
10. To abide by the Family Healing Program rules.

ZERO TOLERANCE POLICY FOR DRUG, ALCOHOL, VIOLENCE

Participant and Worker safety is our highest priority. As such, the Family Healing Program does not tolerate any forms of violence, or use of alcohol or non-prescription drugs within the property; or during any of its' programming.

Specifically, use of all illicit drugs are prohibited, misuse of prescription medications is prohibited; additionally, any use of alcohol or cannabis is prohibited at the Family Healing Program. Participants that do not abide by this policy will be discharged from the program.

Participants that engage in violence toward fellow participants or staff will be discharged from the program. Violence includes any form of abuse that causes harm or has the potential to cause harm to fellow participants or staff including: physical assault, threats/intimidation, emotional/verbal assaults and/or bullying, sexual abuse and harassment etc. All acts of physical or sexual violence will be immediately reported to police.

Family Healing Program staff are mandated by law to report suspicions of child abuse/maltreatment and the presence of domestic violence to the appropriate service provider.

WHAT TO EXPECT AT THE FAMILY HEALING PROGRAM

Rules:

1. Be on time each day and after every break
2. Respect differences: comments that are discriminatory based on race, skin color, religion, gender, sexual orientation will be immediately addressed.
3. Families are responsible for the care and security of their personal items.
4. Participants may only use cellphones during breaks.
5. Participate to the best of their ability.
6. Families must stay within the grounds/property unless otherwise authorized by staff.
7. Participants must complete a daily chore.
8. Parents/Guardians must clean up after their small children.
9. Participants that smoke, will do so in the designated smoking area, during breaks
10. Drugs or Alcohol are not allowed on the property.
11. Violence will not be tolerated including: physical assault, sexual abuse/assault/harassment, verbal/emotional/psychological abuse or assault, bullying, threatening, or intimidation.

Expectations:

1. Participants are expected to treat the property, personal space/belonging of other with respect.
2. Families are expected to provide care and supervision of their children during outings.
3. Participants are expected to make a commitment and work toward their goals.
4. Families are expected to return all supplies to their rightful place.
5. Confidentiality is expected. "Who we see here, what is said here, stays here when we leave here"
6. Participants are expected to do chores

WHAT FAMILIES SHOULD BRING TO THE PROGRAM?

- Appropriate seasonal clothing.
- Indoor and outdoor foot wear.
- Clothing for sweats/ceremonies (dresses or shirts and skirts for females; shorts and shirts for males).
- Clothing and gear for land-based programs (these days are prescheduled by the Program Staff).
- Any necessary medical items or medications (glucometer, Ventolin, epi-pen etc.). Sharps and prescription medications will be placed in storage during program.

ITEMS NOT PERMITTED

- Alcohol, illegal drugs, or solvents (including aerosols).
- Alcohol or drug related paraphernalia.
- Weapons of any kind including firearms, jack knives, hunting knives, and any other items that, in the judgment of the staff has the potential to serve as a weapon.
- Sharps or razors of any kind.
- Clothing, including hats and jewelry that features profane language or sexual content.
- Pornography.

PROGRAM EVALUATION

The Family Healing Program promotes professional growth and improvement, as such, we evaluate our services on an ongoing basis. Participants will be asked to evaluate our services and fill out the Ontario Perception of Care Tool which is uploaded to a provincial quality assurance system. This information helps us to improve participant experiences with our services. Additionally, the Family Healing Program requests participants to fill out client satisfaction surveys at various stages of the service continuum.

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PARTICIPATION BY COMMUNITY WORKERS

To ensure that the families person receive as much support as possible, the Family Healing Program requires community referral sources to accompany families at admission, attend mid-treatment case conference and graduation ceremony at the time discharge. The Family Healing Program also requires community workers to be engaged in supporting families during the after-care process. Family treatment staff will consult with families and community workers for a period of 6 months after discharge from the program. Consultation will take place through face to face visits with the family and community workers on a monthly basis.