



Boozhoo, my name is Kaylee Heyens and I am honoured to be a Family Counsellor at Weechi-itte-win Family Services. I was born and raised in the Rainy River District, and am a graduate of the University of Toronto with a Bachelors in Kinesiology, minor in Psychology (high honours). While in Toronto, I had the opportunity to partake in student volunteer placements at the Centre for Addiction and Mental Health (CAMH) and St. Alban's Boys and Girls Club supporting at-risk youth. Since returning to our area, I began pursuing my Master of Arts in Counselling Psychology, via distance education from Yorkville University. Throughout my career I have had the opportunity to support victims of trauma, individuals living with the effects of an acquired brain injury, persons with developmental disabilities and complex mental illness, and other vulnerable populations.

Using my education and experience, my goal is to provide culturally competent services to members of the 10 First Nation communities within the Fort Frances Tribal Area. As part of the Family Counsellor Program, I use Trauma-Informed Cognitive Behaviour Therapy (TI-CBT) to support children, youth, and families with complex needs. I recognize the importance of providing clinical/psychological services rooted in customs, traditions, and values of the Anishinaabe people of Treaty #3. Furthermore, I strive to deliver services that meet the spiritual, cultural, physical, emotional, and social needs of First Nation children and youth, as well as families and caregivers in order to preserve the family unit.

Miigwech and I look forward to meeting you and discovering how I may be able to help you, help yourself. Please do not hesitate to contact me at 807-274-3201 ext. 4014 or email at kaylee.heyens@weechi.ca. To access a referral form for the WFS Family Counsellor Program, please visit https://www.weechi.ca/wcm-docs/docs/family_counsellor-referral_form.pdf.