

Tele-Mental Health Services,
provided by



LAST NAME	(FIRST)
MRN	VISIT NUMBER
DATE OF BIRTH YYYY-MM-DD	SEX
ADDRESS	
IMPRINT OR ENTER DETAILS BY HAND	

Information about your Video Meeting

Why am I here today?

After discussions with you, your worker or doctor has decided to refer you for a video meeting with a child psychiatrist and/or other professional for extra help.

What is a child psychiatrist?

A child psychiatrist is a doctor that tries to help kids and their families by talking to them about their thoughts, worries, and behaviours.

How does a video meeting work?

A video meeting allows you to talk to someone in another location through two-way live television, connected by a private internet connection. This means that no one can listen in on your conversation.

How long will it last?

The meeting should last about 1 to 2 hours.

Who will be in the room with me?

Your worker or doctor will be in the room with you, to make sure that you are comfortable and that everyone is safe. Also your parent(s), guardian(s), and other people working with you may be in the room, at least for some of the time. The psychiatrist you will meet on TV may have medical students in the room with him/her.

What will happen during the meeting?

The psychiatrist may want to speak with everyone in the room. You will be asked many questions so that the psychiatrist can get to know you and your situation. At the end of the time, the psychiatrist will share his/her thoughts on what might help you. It is up to you, with your family, case worker, and doctor, how to use these suggestions. If any medications are suggested, they will be given to you by your own doctor.

What happens after the meeting?

The psychiatrist will prepare a report which will go to your worker and/or doctor. If you want the report to go to anybody else, then you and/or your parent(s)/guardian(s) will have to sign a form allowing that to happen. If anything comes up that makes the psychiatrist concerned about you harming yourself or somebody else, or that you are at risk of being harmed or abused, then the psychiatrist will work with your worker/doctor to make sure that everybody is safe.

Will I see the psychiatrist again?

You may see the psychiatrist this one time only and he/she will not be your ongoing doctor. We realize that sometimes it is not enough to meet with a psychiatrist just one time and if other meetings need to happen, they will be arranged through your worker or doctor.

What if I have other questions?

We hope that you will be comfortable talking with the psychiatrist in the video meeting. If you have any questions or worries about it, please let your worker, doctor, or psychiatrist know. If you have any ideas on how we can make this a better experience for you, we would like to know about those too.

Print name: _____ Signature: _____ Date/Time: YYYY-MM-DD _____