

# Telemental Health



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**WEECHI-IT-TE-WIN**  
Family Services Inc.

Nanaandawewenin  
Program

Unit 1-281 2nd Street E  
Fort Frances, ON  
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Culturally  
Based and  
Community  
Oriented



**WEECHI-IT-TE-WIN**  
Family Services Inc.

CLINICAL SERVICES

## MISSION

To reach out and collaborate with Indigenous communities in supporting the individual mental health needs of every child or youth.

## VISION

We envision a culturally safe mental health system for Indigenous children and youth that is confidential, family focused and easily accessible.



## WEECHI-IT-TE-WIN'S TELEMENTAL HEALTH PROGRAM

The Telemental Health Service is a program that provides a virtual mental health consultation service for children and youth in partnership with their caregivers. We connect children/youth, caregivers, and care teams to mental health specialists using virtual technology so they don't have to leave their community.

Client care is individualized to meet the needs of the child or youth and can include teachers, case managers, doctors, nurse practitioners and others as determined by the referral team. We also provide agencies with program consultations or education sessions on a variety of topics aimed at building capacity and increasing knowledge.

Consultants with the Telemental Health Program will provide a range of expertise on topics such as:

- ▶ Attention Deficit Hyperactivity Disorder (ADHD);
- ▶ Disruptive Behaviour Disorders;
- ▶ Mood and Anxiety Disorders;
- ▶ Learning difficulties;
- ▶ Attachment Disorders;

- ▶ Autism Spectrum Disorders (ASD);
- ▶ Psychosis/thought Disorders;
- ▶ Gender identity;
- ▶ Eating Disorders.

### WHO CAN REFER?

Referrals via the Telemental Health Program can come from:

- ▶ Child and youth mental health agencies;
- ▶ School boards;
- ▶ Hospital outpatient programs;
- ▶ Family health teams;
- ▶ Aboriginal health access centres;
- ▶ Friendship centres;
- ▶ Youth justice settings;
- ▶ Other community-based agencies that provide child and youth mental health services in Ontario.

## WFS TELEMENTAL HEALTH SERVICES WILL BE:

- ▶ Child and youth centered: their needs drive service delivery;
- ▶ Sensitive to the social, linguistic, and cultural diversity of families and Indigenous communities;
- ▶ Continuous: Children and youth will experience the integration of services and coordination;
- ▶ Cost effective: eliminate the need to travel far distances for service;
- ▶ Accountable to the individual, family, community, and funder;
- ▶ Staffed by individuals with the appropriate range of skills and abilities necessary to respond effectively to the needs of adults, children, and their families;
- ▶ Based on the individual's assessed needs, strengths and available individual, agency, community, and contracted Ministry resources;
- ▶ Delivered in a manner that is collaborative in nature and coordinated with other community based CYMH service providers.

